

# Herbies

## STARTERS

|  |       |
|--|-------|
| MIXED OLIVES (VG) (GF)                                   | £3.75 |
| DAHL AND NAAN BREAD (VG) (GFO)                           | £6.95 |
| HOUMOUS AND GARLIC BREAD (VG)                            | £6.95 |
| TUSCAN MUSHROOMS & FOCACCIA BREAD (VG) (GFO)             | £6.95 |
| Creamy Mushrooms, sundried tomatoes and salsa verde      |       |
| WHITE BEAN AND PISTACHIO PATE & FLAT BREAD (VG) (N) (GF) | £6.95 |
| SOUP with...   |       |
| GRANARY ROLL (VG) (GFO)                                  | £6.25 |
| GARLIC BREAD (VG)  | £6.75 |
| CHEESY GARLIC BREAD (VG)                                 | £7.25 |
| SALSA VERDE GARLIC BREAD (VG)                            | £7.25 |
| Please see the board for today's soup                    |       |

## MAINS

|  |        |
|--|--------|
| THREE BEAN CHILLI (VG) (GF)  | £12.25 |
| With mushrooms and corn, spiced with cayenne and cumin. Served with brown rice, sour cream and pico de gallo   |        |
| BUDDHA BOWL (VG) (GFO)   | £12.95 |
| Spinach, sundried cherry tomatoes, couscous, houmous salsa verde, roasted vegetables, piquanté peppers, avocado and toasted seeds with toasted pitta |        |
| Add Feta or Vegan Feta - £1.00   |        |
| TLT CIABATTA (VG) (GFO)  | £11.50 |
| Smoked paprika tofu, lettuce, tomato and mayo, served with a choice of jacket wedges or mixed salad. Please see the board for today's salads         |        |
| NACHO SUPREME (VG) (GF)  | £14.25 |
| Tortilla chips, with bean chilli, melted cheese and jalapeños topped with sour cream, guacamole, salsa and pico de gallo                             |        |

|   |        |
|---|--------|
| NUT BURGER or JACKFRUIT, BEET & BEAN BURGER (N) (VG) (VG) (GFO)   | £12.95 |
| In a multigrain bun, topped with tomato relish served with mayo and a choice of jacket wedges or mixed salad. Please see the board for today's salads |        |

Add a little something extra - £1.00 Each  
Cheese • Vegan Cheese • Avocado • Crispy Onions

|  |        |
|--|--------|
| SPINACH AND MUSHROOM LASAGNE (VG)  | £13.50 |
| Served with a choice of jacket wedges or mixed salad. Please see the board for today's salads  |        |
| FALAFEL WRAP (VG)  | £11.50 |
| With green salad, tahini sauce and chilli jam, served with a choice of jacket wedges or mixed salad. Please see the board for today's salads |        |

|  |        |
|--|--------|
| ROAST VEG & HOUMOUS FOCACCIA (VG) (GFO)  | £11.50 |
| With a choice of jacket wedges or mixed salad. Please see the board for today's salads |        |

|   |        |
|---|--------|
| KARI SAYUR (VG) (GF)  | £12.25 |
| A fragrant Malaysian style curry with yellow split peas, butternut squash, peppers and sugar snaps. Served with sticky rice, topped with bean shoots and fresh coriander. |        |

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|--|--------|
| WARM VEGETABLE SALAD (VG) (N) (GF)   | £11.95 |
| Roasted mediterranean vegetables, feta cheese and pine nuts on a bed of green leaves dressed with olive oil and balsamic |        |

|   |        |
|---|--------|
| CARROT AND CASHEW NUT LOAF (VG) (N)   | £13.50 |
| Served with wild mushroom sauce and a choice of jacket wedges or mixed salad. Please see the board for today's salads |        |

## SIDES

|  |       |
|--|-------|
| GARLIC BREAD (VG)                        | £3.50 |
| CHEESY GARLIC BREAD (VG)                 | £4.00 |
| SALSA VERDE GARLIC BREAD (VG)            | £4.00 |
| MIXED SALAD (VG)                         | £3.75 |
| Please see the boards for today's salads |       |
| JACKET WEDGES (VG) (GF)                  | £3.50 |
| BROWN RICE (VG) (GF)                     | £3.00 |

## PLATTERS & SHARING BOARDS

|   |        |
|---|--------|
| CHIPS AND DIPS (VG) (GF)  | £8.75  |
| Tortilla chips topped with melted cheese, sour cream, guacamole, salsa, pico de gallo and jalapeños   |        |
| MEDITERRANEAN DIPPING BOARD (VG) (GFO)  | £8.75  |
| Tzatziki, houmous, white bean pate, salsa verde and mixed olives with pitta and focaccia bread  |        |
| BREAD AND OLIVE BOARD (VG)  | £8.25  |
| Focaccia, ciabatta and mixed olives with oil, balsamic cornish sea salt and cracked black pepper  |        |
| MEDITERRANEAN PLATTER (VG) (GFO)  | £13.50 |
| Tzatziki, houmous, falafel, sundried cherry tomatoes, white bean pate, salsa verde and mixed olives with pitta, focaccia and ciabatta bread |        |

## DESSERTS

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|--|-------|
| CHOCOLATE, BISCOFF + AMARETTO TORTE (VG)   | £6.95 |
| STICKY TOFFEE PUDDING (VG) (GF)  | £6.95 |
| FRUIT CRUMBLE (VG)   | £6.95 |
| TREACLE AND PECAN TART (VG) (N)  | £6.95 |
| GINGER AND CITRUS CHEESECAKE (VG) (GF)   | £6.95 |
| All served with a choice of ice cream (VG) soya cream (VG) custard (VG) or clotted cream             |       |
| BROWNIE AND ICE CREAM (VG) (N)   | £6.25 |
| AFFOGATO (VG)  | £6.25 |
| Vanilla ice cream, espresso and biscotti<br>Add a shot of amaretto £2.00                             |       |
| HEAVEN IN DEVON (VG) (N)   | £8.25 |
| Devon fudge ice cream, chocolate brownie, vanilla sauce topped with clotted cream and a biscuit thin |       |
| FLAPJACK   | £2.95 |
| Fruit & nut (VG) (N) or plain (VG) (GFO)   |       |

If you have any allergies or dietary requirements, please be sure to make them known to staff at the time of ordering as some dishes may contain additional ingredients. We use allergens in our kitchen and due to its small size we cannot guarantee against cross contamination

(N) Contains nuts (VG) Vegan (VG) Vegan option - Please ask (GF) Gluten free (GFO) Gluten free option - please ask

# Herbies

## SOFT DRINKS

|   |       |
|---|-------|
| FRESH ORANGE JUICE  | £2.75 |
| CRANBERRY JUICE   | £2.75 |
| HERRON VALLEY PEAR + APPLE JUICE  | £2.75 |
| HERRON VALLEY APPLE JUICE   | £2.75 |
| JUICE 50/50 WITH SPARKLING WATER  | £3.50 |
| HERON VALLEY GINGER BEER 275ml  | £3.50 |
| DEVONIA SPRING WATER 330ml<br>Sparkling or Still  | £2.20 |
| SPARKLING ELDERFLOWER CORDIAL   | £3.50 |
| FENTIMANS CURIOSITY COLA 275ml  | £3.50 |
| HERON VALLEY PINK LEMONADE 275ml  | £3.50 |
| DAIRY, SOYA OR OAT MILK   | £2.10 |
| FRUIT MILKSHAKE <br>Banana or strawberry                               | £3.50 |
| ALL FRUIT SMOOTHIES <br>Mango & passion fruit or strawberry & banana | £3.75 |

## HOT DRINKS

|  |                  |
|--|------------------|
| AMERICANO  | £2.10            |
| ESPRESSO   | £2.10            |
| DOUBLE ESPRESSO  | £3.25            |
| CAPPUCCINO   | £2.60            |
| LATTE  | £2.95            |
| DECAFFEINATED COFFEE   | £2.10            |
| Our coffee beans are fairtrade  |                  |
| BARLEY CUP   | £2.60            |
| DIVINE HOT CHOCOLATE   | £3.25            |
| FAIRTRADE INDIAN TEA            | £2.10            |
| LEMON TEA  | £2.10            |
| FENNEL TEA   | £2.10            |
| DARJEELING TEA   | £2.10            |
| LOOSE LEAF TEAS  | £3.25            |
| -Peppermint  | -Camomile Flower |
| -Red Bush  | -Berry Berry     |
| -Earl Grey   | -Green           |
| -Assam   | -Decaffeinated   |

All hot drinks are available with a choice of dairy, oat or soya milk

## ORGANIC WINE

|   | 175ml | 250ml | Bottle |
|---|-------|-------|--------|
| WHITE   |       |       |        |
| MOONLIGHT (Fairtrade) <br>Chenin Blanc, South Africa                                       | £6.00 | £7.75 | £21.75 |
| BORDEAUX BLANC<br>Sauvignon Semillon, Juicy fruit flavours  | £7.25 | £9.00 | £25.95 |
| VERDEJO PARRA<br>A clean and characterful dry white   | £6.50 | £8.25 | £23.00 |
| LA MAROUTTE VIOGNIER<br>Easy drinking with ripe apricot hints   | £6.95 | £8.50 | £24.75 |
| PROSECCO FRIZZANTE  | £7.25 |       | £27.95 |
| ROSÉ  |       |       |        |
| MOONLIGHT (Fairtrade) <br>Fruity yet dry rosé. South Africa                                | £6.00 | £7.75 | £21.75 |
| CAMINO ROSADO<br>Summer fruit flavours  | £6.50 | £8.25 | £23.00 |
| RED   |       |       |        |
| MOONLIGHT (Fairtrade) <br>Shiraz, South Africa   | £6.00 | £7.75 | £21.75 |
| CAMINO TINTO<br>Spanish tempranillo, soft and rounded   | £6.50 | £8.25 | £23.00 |
| PERIAGE MERLOT<br>Soft and velvety with forest fruit nose   | £6.95 | £8.50 | £24.75 |
| ECOLOGICA SHIRAZ MALBEC <br>An Argentinean classic with mature<br>fruits and spicy notes | £7.25 | £9.00 | £25.95 |

## LAGERS AND BEERS

|  |       |       |
|--|-------|-------|
| BUDWEISER BUDVAR, CZECH REPUBLIC       | 330ml | £4.75 |
| BECKS BIER, GERMANY                    | 275ml | £3.75 |
| FREEDOM ORGANIC, HELLES LAGER          | 330ml | £4.95 |
| BECKS ALCOHOL FREE                     | 275ml | £3.50 |
| UTOPIAN LAGER, DEVON                   | 440ml | £5.75 |
| SAM SMITHS ORGANIC PALE ALE            | 550ml | £5.95 |
| AVOCET ALE, EXETER BREWERY             | 500ml | £5.75 |
| DEVON RED CIDER, SANDFORD ORCHARD      | 500ml | £5.75 |
| IPL 'ITS PROPER LAGER', EXETER BREWERY | 330ml | £4.75 |