

**Herbies Three Bean Chilli v/GF** £11.25  
Black, Pinto & kidney beans, mushrooms and tomatoes spiced with cayenne & cumin served with brown rice

**Thai Green Vegetable Curry v/GF** £11.50  
Spring vegetables in fragrant coconut sauce served with jasmine rice.

**Greek Vegetable Pie vo** £11.25  
A filo pastry case filled with roasted mediterranean vegetables & feta cheese served on a sundried tomato and white wine sauce

**Spinach and Mushroom Lasagne v** £11.50  
The classic Italian dish of layered pasta with leaf spinach mushrooms & tomatoes topped with a white sauce

**Artichoke and Wild Mushroom Risotto v/GF** £11.50  
Arborio rice gently cooked in vegetable stock finished with truffle oil

**Carrot, Cashew Nut & Spinach Loaf v/N** £11.50  
Carrots, cashews, spinach, tarragon, tahini and breadcrumbs served with a wild mushroom sauce

**Nachos Supreme vo/GF** £12.75  
Tortilla chips smothered with bean chilli, melted cheese and jalapenos, topped with guacamole, sour cream, salsa and pico de gallo.

**Roasted Vegetable Ciabatta vo** £11.25  
Italian open textured bread topped with roasted Vegetables and melted mozzarella cheese

**Moroccan Tagine v/GFO** £11.50  
A rich, lightly spiced casserole of chickpeas, aubergine, peppers and dried fruits served on a bed of minted couscous

**Stoneground Pizza vo** £11.25  
Topped with sundried cherry tomatoes, artichokes capers and mozzarella

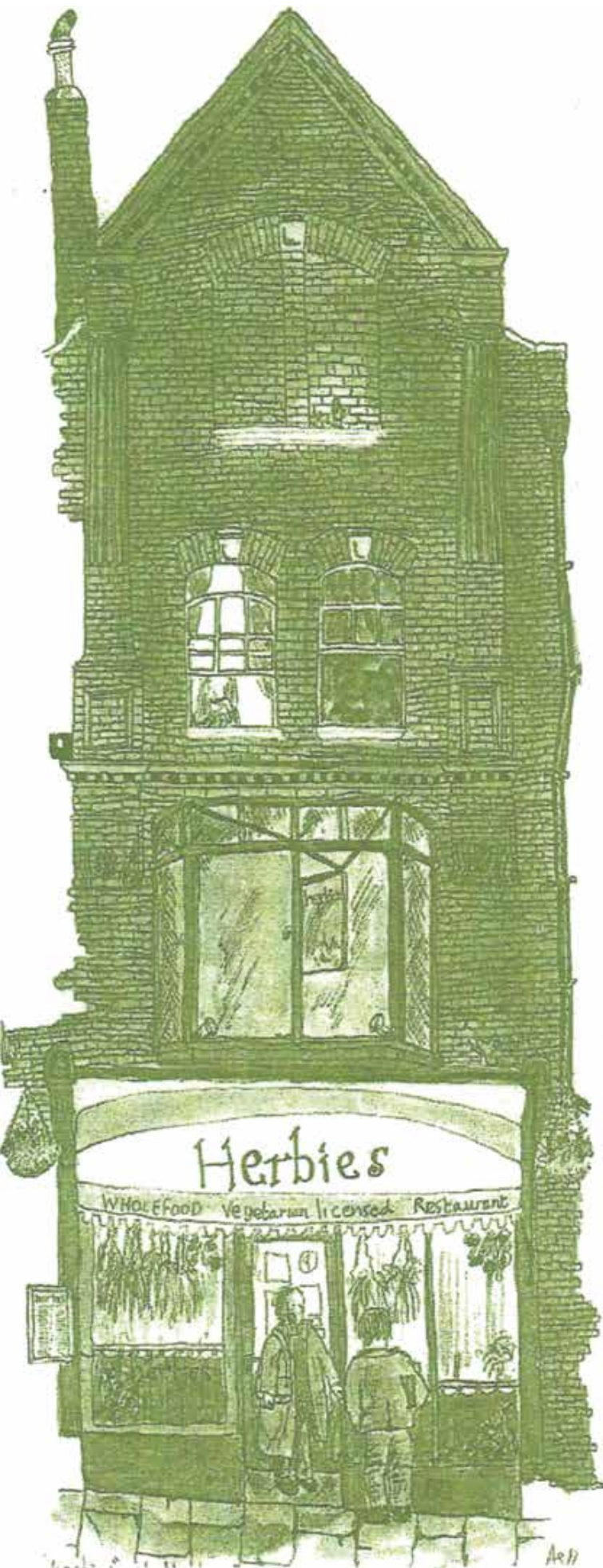
All the above dishes are served with a choice of Salads or jacket wedges. Alternatively, stir fried vegetables are available at a £1.95 supplement.

**For daily specialities, please see our blackboards**

Items marked V are vegan, GF are gluten free, N contains nuts, VO vegan option available, GFO gluten free option available – Please ask your server.

If you have any allergies or dietary requirements, please make them known to staff at the time of ordering as some dishes may contain additional ingredients.





**Nut Burger V/N or Jackfruit, Beet & Bean Burger v/GFO** £9.50  
Served in a multigrain bun, topped with tomato relish served with mayonnaise and a choice of salad or potato wedges

**Falafel Wrap v** £8.95  
Spicy chickpea fritters with green salad, tahini sauce & chilli jelly, served with a choice of salad or potato wedges

**Jack fruit and tamarind wrap v** £8.95  
Pulled jackfruit with spring onion, cucumber and a sticky tamarind sauce, served with a choice of salad or potato wedges

**Warm Vegetable Salad GF/VO** £9.50  
Roasted mediterranean vegetables, feta cheese and pine nuts on a bed of green leaves finished with olive oil and balsamic vinegar

**Beetroot, Pecan & Goats Cheese Salad GF/N/VO** £9.50  
Roasted beetroot and pecans on a bed of green leaves topped with a round of goats cheese, with a honey mustard dressing

**Super Green Salad GF/V** £9.50  
Edamame, broccoli, peas, chargrilled courgette and avocado on a bed of green leaves and spinach, with tamari toasted pumpkin seeds and lemon basil dressing

**Stir Fry v/GFO** £9.50  
Stir fried vegetables with soy sauce, ginger and garam masala on a bed of brown rice

**Buddha Bowl v/GFO** £10.50  
Spinach, sundried cherry tomatoes, couscous, hummous, roasted vegetables, avocado, seeds & beans, salsa verde, artichokes & toasted pitta

**Sandwiches** £8.95

**Focaccia, Beetroot Wrap, Ciabatta or Gluten Free Red Quinoa Bread, served with salad or potato wedges GFO**

Hummous and roasted vegetables v  
TLT - Smoked paprika tofu, lettuce, tomato and Mayo v  
Roasted vegetable, salsa verde and feta vo  
Spinach, beetroot, avocado and white bean pate v

**Herbies Platters & Sharing Boards**

**Bread & Olive Board v** £6.95  
Focaccia, Ciabatta and mixed olives with oil, balsamic, Cornish sea salt & pepper

**Mediterranean Dipping Board vo/GFO** £6.95  
Tzatziki, hummous, white bean pate, salsa verde and mixed olives with toasted pitta

**Mexican Nachos GF/VO** £6.95  
Tortilla Chips topped with cheese, Jalapenos, salsa, sour cream and guacamole

**Mediterranean Platter vo/GFO** £9.50  
Hummous, mixed olives, vine leaves, white bean pate, tzatziki, & salsa verde served with Mediterranean breads.

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